

**KERANG DISTRICT HEALTH**  
**MENU WEEK TWO**

**BREAKFAST**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Assorted Cereals Sliced Peaches Prunes	Assorted Cereals Fruit Salad Prunes	Assorted Cereals Fruit Compote Prunes	Assorted Cereals Apricots Prunes	Assorted Cereals Pears Prunes	Assorted Cereals Stewed Apples Prunes	Assorted Cereals Two Fruits Prunes
<b>LUNCH</b>						
Spanish Lamb	Silverside & Mustard Sauce	Roast Beef	Sausage & Onion Gravy	Battered Fish with Sweet and Sour Sauce	Chicken Provencale	Roast Pork
Tomato Basil & Tuna Rice	Chicken Curry	Vegetable Mornay	Cheese & Tomato Souffle	Fried Rice	Salmon Mornay	Sweet & Sour Chicken with Rice
Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies
Steamed Ginger and treacle pudding	Apple Pie	Date & Golden Syrup Baked Custard	Sago plum Pudding	Orange delicious	Plum Crumble	Apple sponge
<b>DINNER</b>						
Vegetable Soup	Chicken & Leek Soup	Carrot Soup	Pea & Ham Soup	Tomato Soup	Vegetable Soup	Potato & Sweet potato Soup
Chicken Canneloni	Steak & Kidney Pie	Tuna Patties	Spaghetti Bolognaise	Quiche	Chow mein	Pumpkin topped cottage pie
Cold meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies	Cold Meat & Salad Cold meat & Vegies
Fresh Fruit Salad	Passionfruit Cheesecake	Chocolate Mousse	Creame-d rice	Fruit & Yoghurt	Hummingbird Cake	Jellied Fruit

